

List of All Publications with the KRI Seal of Approval

Please note – the titles in italics are either written by Yogi Bhajan or contain virtually 100% material from the teachings of Yogi Bhajan

Author/Publisher	Type	Name of Publication	Available From	E-mail/website contact
Books				
Aquarian Wisdom	Calendar	Yogi Bhajan Everyday - Daily Inspirational Calendar	aquarianwisdom.com; spiritvoyage.com; a-healing.com	khalsashakti@yahoo.com
Darshan Singh Khalsa	Book	Yoga Secrets for Business Success	amazon.com	dkhalsa@transitionstressmanage.com
Dharma Singh Khalsa, M.D.	Book	The Pain Cure	amazon.com; drdharma.com	info@drdharma.com
	Book	Brain Longevity	amazon.com	
	Book	Meditation as Medicine	amazon.com	
	Book	Food as Medicine	amazon.com	
Guru Dev Singh	Book	Sat Nam Rasayan: The Art of Healing	gurudevsnr.com	kirpal@gurudevsnr.com
Guru Dharam S. Khalsa and Darryl O'Keefe	Book	The Kundalini Yoga Experience	books.simonandschuster.com; amazon.com	gurudharam@kundalinimedice.com
	Book	Kundalini: the Essence of Yoga	amazon.com	
Guru Kim Kaur Khalsa	Booklet	Mala Meditation	Out of Print	n/a
Guru Prem Kaur Khalsa	CD	Meditations for the new Millennium – 1999, 2000, 2001	yogagems.com;	guruprem@yogagems.com
	CD	A Year with the Master	yogagems.com;	guruprem@yogagems.com
Guru Prem Singh Khalsa	Book	Divine Alignment	amazon.com; spiritvoyage.com; a-healing.com; yogatech.com	simrankaur1@ca.rr.com
	Book	The Heart Rules	amazon.com; spiritvoyage.com; a-healing.com; yogatech.com	info@spiritvoyage.com
	Book	Yoga for People from Whacky Families	spiritvoyage.com	info@spiritvoyage.com
	Book	Mending Alcoholism and Substance Abuse	spiritvoyage.com	info@spiritvoyage.com
Jivan Joti Kaur Khalsa	Book	The Art of Making Sex Sacred	amazon.com; spiritvoyage.com; available from author at: jivanjotikaur@gmail.com	jivanjotikaur@gmail.com
Guru Terath Kaur Khalsa, Ph.D.	Book	Dying Into Life: The Yoga of Death, Loss and Transformation	amazon.com; spiritvoyage.com	jivanjotikaur@gmail.com
Guruchander Singh Khalsa, D.C.	Book	Numerology as taught by Yogi Bhajan	amazon.com; store.goldenbridgeyoga.com; spiritvoyage.com;	gcsk@valornet.com
	Book	Tantric Numerology	yogasantafe.com; a-healing.com; newleaf-dist.com	
Hari Chan K Khalsa	Book	Lunar Woman	Hari Charn Kaur	hck@kriteachings.org
Hari Kaur Khalsa	Book	A Woman's Book of Meditation - The Power of a Peaceful Mind (Penguin)	search.barnesandnoble.com; amazon.com; spiritvoyage.com; a-healing.com; us.penguin.com	hari@reachhari.com
Machelle Seibel M.D. & Hari Kaur Khalsa	Book	A Woman's Book of Yoga - Embracing Our Natural Life Cycles (Penguin)	search.barnesandnoble.com; amazon.com; spiritvoyage.com; a-healing.com; us.penguin.com	hari@reachhari.com
Jacqueline Koay & Ek Ong Kar Singh	Book	The Kundalini Yoga Cookbook	Out of Print	n/a
Mahan Kim Kaur Khalsa	Book	Bound Lotus (An Instructional Manual)	spiritvoyage.com;	mahankim@yahoo.com
Manjit Kaur Khalsa	Book	Radiance and Victory	small publication - out of print	n/a
Mukta Kaur Khalsa, Ph.D.	Book	Meditations for Addictive Behavior - as taught by Yogi Bhajan. A System of Yogi Science with Nutritional Formulas	itascabooks.com; amazon.com; spiritvoyage.com	superhealth12@gmail.com
Nirvair Singh Khalsa	Book	Art, Science and Application of Kundalini Yoga	yogatech.com; kriteachings.org; kundaliniyoga.net; spiritvoyage.com	alaskayogi@gmail.com
	Book	Yoga for Health, Relaxation and Well-being	thesource.kriteachings.org	
	Book	Heal Your Back Now		
	Book	The Ten Light Bodies of Consciousness		
	DVD/VHS	Early Morning Sadhana		
	DVD set	Breathe Alaska & Prosperity is Green		
	VHS	Breathe Alaska		
	VHS	Prosperity is Green		
	DVD	Kundalini Yoga for Athletes		
	DVD	Add Grace and Prosperity with Kundalini Yoga		
	DVD	Let Us Walk Tall with Kundalini Yoga		
	DVD/VHS	Heal Your Back Now!		
	DVD/VHS	Weight Loss with Kundalini Yoga: A Complete Program for Mind Body		
	DVD/VHS	Morning Stretch/Evening Yoga Relaxation		
	VHS	Morning Stretch/Evening Yoga Relaxation (Spanish Subtitled)		
	DVD/VHS	Kundalini Yoga for Relaxation		
	VHS	Kundalini Yoga for Relaxation II - Sports Yoga		
	DVD/VHS set	Kundalini Yoga - A Complete Course for Beginners		
	DVD/VHS set	Healing Series: Relax. Deeper. Build Strength. Heal Yourself		
	DVD	Next Step The DVD Set		
	DVD	The Beginners Progress Program		
	DVD	Intermediate Program DVD Set		
	Book + VHS	The Ten Light Bodies of Consciousness		
Robyn Landis with Karta Purkh Singh Khalsa	Book	Herbal Defense	barnesandnoble.com; amazon.com;	info@kpkhalsa.com
Sandra Tan Halliday	Book	Kundalini Yoga: Unlocking the Secrets to Radiant Beauty & Health	amazon.com	n/a

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Sangeet Kaur Khalsa	Book DVD	Womanheart - Healing Our Relationships Loving Ourselves Starcode of Destiny	spiritvoyage.com; amazon.com healingsource.com	healingsource.com - I put e-mail text into contact section of website
Sat Dharam Kaur, N.D.	Book	A Call to Women	amazon.com	n/a
Sat Kaur Khalsa	Book	Sacred Sexual Bliss	amazon.com; spiritvoyage.com	khalsask@aol.com
Shakta Kaur Khalsa	Book Book Book	Fly Like a Butterfly: Yoga for Children Kundalini Yoga Yoga for Women	amazon; spirit voyage amazon.com; spiritvoyage.com amazon.com; spiritvoyage.com	shaktakhalsa@mac.com info@spiritvoyage.com info@spiritvoyage.com
Shakti Parwha Kaur Khalsa	Book Book Book	Kundalini Yoga – The Flow of Eternal Power Marriage on the Spiritual Path Kundalini Postures & Poetry	Spiritvoyage.com; amazon.com; yogatech.com; alibris.com thesource.kriteachings.org; amazon.com; spiritvoyage.com thesource.kriteachings.org; amazon.com; spiritvoyage.com	sparwha@sbglobal.net info@spiritvoyage.com
Siri Amir Singh Khalsa	Book	The Ancient Art of Self Healing	Out of Print	n/a
Siri Atma Singh Khalsa, M.D.	Book	Waves of Healing: Listening to the Voice of Your Soul	drsiriatma.com	namkaur@gmail.com
Siri Datta	Book	Open Your heart with Kundalini Yoga	amazon.com	
Siri Kirpal Kaur Khalsa	Book Book	Yoga for Prosperity Sikh Spiritual Practice: The Sound Way to God	amazon.com; spiritvoyage.com; yogatech.com amazon.com; spiritvoyage.com	skirpal@pceez.com
Donald Keith Stanley	Book	Plus-Sized Yoga: Beginners Yoga for People of all Sizes	amazon.com; plusizedyoga.com. Atlas Books: 1-800-266-5564. Contact author: info@dkcreative.com	LovesTruth@aol.com
Dr Subagh Singh Khalsa	Book Book Book Book	The Success of the Soul Meditation for Absolutely Everyone Anatomy of Miracles Healing Ourselves, Healing the World: A Manual of Mystic Meditation	amazon.com amazon.com amazon.com; lulu.com (free download) amazon.com; lulu.com (free download)	subaghk@gmail.com
Tam Taran Kaur Khalsa	Book Book	Fountain of Youth Conscious Pregnancy	lulu.com amazon.com	ttk@kundalinewomen.org
Waheguru S. Khalsa, D.C.	Book	The Miracle of Healing Hands	newleaf-dist.com; amazon.com; yogatech.com By author: call 323-734-4945. 40% off on 4 book minimum	waguru@mindspring.com
Other Languages				
Anand Kaur Seitz, Germany		Kundalini Yoga (German)		
Guru Nam S, TX		Kundalini Yoga – Principles and Practice		
Guru Nam S, TX		Foods for Health and Healing (Spanish)		
Guruchander Singh Khalsa		Numerology (Spanish)		
Satya Singh Khalsa, Germany		Kundalini Yoga handbuch (German)		
Sylvie Herwig & Petra Negele		Emotionale Balance (German)	Germany	sylvia_herwig@t-online.de
Miriam Wessels		Kundalini Yoga (German)	Germany	Miriam@MiriamWessels.de
Wiveca Hjalmarsson , Sweden		Kundaliniyoga (Swedish)		
DVDs/Videos				
B.J McNeillie (Guru Jagat Kaur)	VHS DVD/VHS	Kundalini Yoga for the Digestive System Kundalini Yoga for Releasing Stress	thepeoplesantuary.com	
Gurutej Kaur, CA		Chakra Yoga	http://www.gurutej.com/store.html	ji@gurutej.com
Helen Arpin		Kundalini Yoga	http://discoveryyoga.ca/shop.html	discoveryyogawo@hotmail.com
Sat Jivan Singh - NY		Kundalini Yoga for Inner Peace -	spiritvoyage.com; amazon.com	info@spiritvoyage.com
Music				
3HO Foundation		30 Year commemorative CD	Out of production	n/a
Corina Bartra		Ecstatic Chants from the Infinite	hbdirect.com; itunes.com	cbartra@aol.com
Devinder Kaur		Echo: Gong CD (2007)	spiritvoyage.com	info@spiritvoyage.com
Dev Suroop Kaur Khalsa		Mantras, Mudras and the Spirit (7 cassettes sold separately) (Re-released as a single CD in 2004 titled "Enchanting Mantras & Mudras")	devsuroop.com; itunes; spiritvoyage.com; a-healing.com;	info@spiritvoyage.com; customerservice@a-healing.com
Dr Dharma Singh		6 meditation CDs	invinciblemusic.com. drdharma.com	
Guru Raj Kaur		Japji	spiritvoyage.com	info@spiritvoyage.com
Guru Shabd Singh		Har Har Har Gobinday Jalay Hai Thalay Hai	spiritvoyage.com spiritvoyage.com	info@spiritvoyage.com info@spiritvoyage.com
Hari Bhajan Kaur Khalsa		Har Haray Haree Wahe Guru (cassette)	www.a-healing.com	customerservice@a-healing.com
Hari Simran Singh Khalsa		Therapeutic Gong: Meditations to heal the body, the mind, and the soul. Gong II	dryogi.com	info@dryogi.com
Los Angeles jetha Mata Mandir S		I am Unto Victory, I am (cassette) Furmaan Khalsa CD	www.a-healing.com www.a-healing.com	customerservice@a-healing.com customerservice@a-healing.com
Nirinjan Kaur Khalsa		The Therapy Series audiotapes (14 cassettes, 7 CDs) (aka Musical Affirmations)	www.a-healing.com	customerservice@a-healing.com

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Sat Kirin Kaur Khalsa		Shabd Vol II Universal Prayer	spiritvoyage.com spiritvoyage.com	info@spiritvoyage.com info@spiritvoyage.com
Santokh Singh Khalsa, D.C.		Ignite Your Light (2007) Mantras of the Master	spiritvoyage.com	info@spiritvoyage.com
Seva K Khalsa, Harbhajan K Khalsa		Before the Dawn Guru Ram Das Chants	spiritvoyage.com; yogatech.com; store.goldenbridgeyoga.com Out of production Out of production	no e-mail contact n/a n/a
Shakta Kaur		Children's Yoga Songs & Meditations	spiritvoyage.com	info@spiritvoyage.com
Simran K with Kirtan S Khalsa		Tantric Mool Mantra (cassette and CD)	www.a-healing.com	customerservice@a-healing.com
Simran Kaur Khalsa		Tantric Har (cassette and CD)	www.a-healing.com	customerservice@a-healing.com
Wahe Guru Kaur Khalsa		Aquarian Sadhana (CD) Sant Kee Chaal (CD) Gift From the Journey (CD)	spiritvoyage.com spiritvoyage.com spiritvoyage.com	info@spiritvoyage.com info@spiritvoyage.com info@spiritvoyage.com