

Guidelines for Promotional Materials For KRI Level Two Modules

1. The Aquarian Teacher Training Program KRI Level Two Module- it is Level Two or 2 **not** Level II
2. Use the **mala photo** somewhere in the PR material
3. The following statement is required: **KRI Level Two Certification program in Kundalini Yoga as taught by Yogi Bhajan®.**
4. Include: Dates of Program
5. Include: Location and hours
6. Include: Participants must be Level One certified instructors
7. Include: An appropriate Yogi Bhajan quote.

8. This program is based on the comprehensive science of Kundalini Yoga as taught by Yogi Bhajan. *The Aquarian Teacher* program is a journey of your development as a Kundalini Yoga Teacher. There are three levels of certification:

KRI Level One: Foundations and Awakening - Instructor

KRI Level Two: Transformation - Practitioner

KRI Level Three: Realization - Teacher.

Explain that the KRI Level Two Module is a **Transformational** one and is comprised of five modules required for KRI International Level Two Certification. The five modules are: Conscious Communication, Mind & Meditation, Authentic Relationships, LifeCycles & LifeStyles and Vitality & Stress. The 5 modules are to be taken over a **minimum** of a 2 year period.

Explain that fifty hours are classroom time and twelve hours are home study to be completed after the classroom part of the course. KRI requires that participants attend all classes, pass the exam and complete the home study assignments which take place over a 90-day period after the course. (Students should be aware that it is actually a 96-day or longer commitment.) In order to certify, participants must complete all requirements within a year of the last classroom day.

9. Teacher Training Team: Only currently licensed Level Two Teacher Trainers may be included in the promotion of the program. Description of Teacher Trainers or yoga centers must follow the same guidelines as IKYTA membership descriptions.